



UNIVERSITAS MUHAMMADIYAH PROF. DR. HAMKA
FAKULTAS KEGURUAN DAN ILMU PENDIDIKAN

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SURAT TUGAS

Nomor : 0928/ FKIP/ PTK/ 2026

Pimpinan Fakultas Keguruan dan Ilmu Pendidikan Universitas Muhammadiyah Prof. DR. HAMKA, memberi tugas kepada:

Nama : **Dr. Melina Lestari, M.Pd.**
NIDN : 0301088306
Pangkat dan golongan : Penata Muda Tingkat I, III-B
Jabatan : Dosen Fakultas Keguruan dan Ilmu Pendidikan
Untuk : Mengikuti Kegiatan 4rd International Counseling Summit
pada Tanggal 10 s.d. 14 Maret 2026 di Biro Konseling
Edupotensia

Demikian tugas ini diberikan untuk dilaksanakan dengan sebaik-baiknya sebagai amanah dan ibadah kepada Allah Subhanahu wa Ta'ala. Setelah melaksanakan tugas agar memberikan laporan kepada pemberi tugas.

Jakarta, 9 Maret 2026

Dekan,



Purroha Syae Purrohman, M.Pd., Ph.D.

CERTIFICATE

No. 007/ICS/III/2026

This is to certify that:

Dr. Melina Lestari, M.Pd.

Has participated as

PARTICIPANT

4th INTERNATIONAL COUNSELING SUMMIT

"COUNSELING FOR FLOURISHING AND QUALITY OF LIFE"

held on March 10th – March 14th 2026.

This conference is organized by Edupotensia Foundation in collaboration with
Indonesian Counselor Association (IKI)

Bandung, March 14th 2026



Dr. Drs. H. Sigit Muryono, BA., S.Pd., M.Pd., Kons
President of IKI



edupotensia
"Empowering your true potential"

Muhammad Muhajirin, M.Pd, Kons
Director of Edupotensia

IN COLLABORATION WITH



International Counseling Summit Program Structure

"COUNSELING FOR FLOURISHING AND QUALITY OF LIFE"

March 10-14, 2026

No	Course		Hours
1	Pararel Session	Neuro-etno-techno counseling implementation, what and how? (Prof. Dr. Kadek Suranata, M.Pd., Kons)	2
		Enhancing Youth Flourishing through Future Orientation Education and Training Programs (Rejepmamet Yegenklychev S.H., M.Pd)	2
		Writing past experiences approach to reduce stress of post traumatic in teaching and learning (Dr. Augusto da Costa)	2
2	Class Session 1 (Assessment in Counseling)	Mental Health Assement : Conceptualization and Treatment Planning	2
3	Class Session 2 (Spirituality in Counseling)	Spiritual Bypass: When Spirituality Functions as Psychological Avoidance — Implications for Spiritual Well-Being Counseling	2
4	Class Session 3 (School Counseling)	Guiding Generation Alpha: Applying Life Skills Counseling through Digital Reflective Tools	2
5	Class Session 4 (Family Counseling)	Healing Through Story: Self-Help Digital Bibliocounseling for Managing Negative Emotions in Teenagers	2
6	Class Session 5 (Research Method in Counseling)	Mixed Method Design in Counseling Research	2
7	Class Session 6 (Contemporary Approach in Counseling)	Artificial Intelligence–Assisted Rational Emotive Behavior Therapy: Innovations and Implications for Counseling Practice	2
8	Class Session 7 (Mental Health Counseling)	Trauma Informed School Counseling	2
9	Class Session 8 (Human Service Counseling and Coaching)	Mental Toughness Coaching : Cognitive Behavior Model	2
10	Class Session 9 (Career Counseling)	Core Work Skills for Career Success	2
11	Class Session 10 (Creativity in Counseling)	Cognitive Behavioral Play Guidance Model Based on "Andai-Andai" for Children Resilience	2
12	Pararel Session	Supporting University Students' Mental Health: Challenges and Practical Approaches (Dr. Noradilah Md Nordin)	2
		Prophetic Parenting: The Foundation of Psychological Wellbeing for Children and Adolescents (Prof. Dr. Mubiar Agustin, M.Pd.)	2
		Hope-Centered Counseling: A Pathway to Family Flourishing (Prof. Dr. Dody Hartanto, M.Pd.)	2
Total Hours			32

IN COLLABORATION WITH