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Contents

ICEPS_0033 ..... **10**
The Moderated Mediated Influence of Gender and School Type on Internet Use for Academic Activities and Social Networking Sites on High School Students' Social-Moral Development
ICEPS_0038 ..... **11**
Translating School Music Education between National Identity and Multiculturalism: A Study of Hong Kong and Taiwan
ICEPS_0040 ..... **12**
Discussing 'the Best Interests of the Child' Principle through an Integrative Review of English and Portuguese literatures
ICEPS_0041 ..... **14**
Rethinking Educational Evaluation and Improvement: Shifting Horizons of Educational Practice, Theory and Research
ICEPS_0044 ..... **16**
Musical self-efficacy, Social support and Music performance anxiety in Conservatory students: Soloist instrument players vs. Orchestral instruments players
ICEPS_0046 ..... **18**
Christian Activism and Political Participation in Hong Kong's Occupy Movement
ICEPS_0047 ..... **19**
Explanation of Music Performance Anxiety from self-effectiveness and the levels of public exposure
ICEPS_0051 ..... **20**
Factors effecting students' interest in studying abroad: A quantitative study
ICEPS_0054 ..... **21**
Extraterritorial Pedagogy
ICEPS_0056 ..... **22**
A Case Study on Active Learning in Teaching "Lean Six-Sigma for Supply Chain Management"
ICEPS_0063 ..... **23**
The Effects of the Use of a Practice-based Approach on Teacher Candidate's Technological Pedagogical Content Knowledge
ICEPS_0073 ..... **24**
A Partnership Model for Higher Education of Oral Health Therapy
ICEPS_0083 ..... **25**
Study of Gamification Interface Design in Teaching Course for Technology College Student
ICEPS_0085 ..... **26**
Remedial Education for Remote Areas in Taiwan: A Case Study on Elementary and Junior High Schools in Jianshi Township
ICEPS_0087 ..... **28**
Using Classroom Videos to Enhance Pre-service Mathematics Teachers' Noticing Abilities
ICEPS_0092 ..... **30**
Examining different analogical reasoning with recognition how to influence middle school students' science learning: An eye-tracking analysis
ICEPS_0095 ..... **31**

Quality of Life in Patients with Spine Tumors before and After Surgical Treatment
ICEPS_0096.....32
The Influence of Mobile Device Integrated into Inquiry Teaching on Vocational High School Student's Learning Motivation and Achievements toward Mathematics
ICEPS_0099.....34
"How can kuuki or mood be cooled down?: The possibilities of the function of the mass media."
ICEPS_0100.....35
Virtual Labs Assists Elementary School Students Learning Heat and States of Matter-Implementation and evaluation
ICEPS_0102.....36
Development and Evaluation of an Interactive Virtual Laboratory on Learning Heat and States of Matter
ICEPS_0103.....37
Gamification and flipped learning as tools of technological-methodological empowerment for university students as future teachers
ICEPS_0105.....38
Has Information and Communication Technology Changed the Study Habits of Engineering Students? – A Case Study
ICEPS_0112.....39
Mexican teacher's decisions about two teaching practices: writing the date and registering the attendance of students
ICEPS_0114.....41
The application of "kuuki theory" to recent Japan-Korea relationship
ICEPS_0118.....45
Can Teaching Aids Help Fourth Graders Solve Fraction Problems?
ICEPS_0119.....47
Influence of Academic Resilience in Mathematics on Junior High School Students: An Approach of the "Context–Self–Action–Result" Self-System Model of Motivational Development
ICEPS_0120.....49
Competing Models of Higher-order Mathematics Disposition Construct – Utilizing Affection Incentive Strategies of ARCS Model
ICEPS_0121.....50
Personal, Social, Economic and Familial Empowerment Found in Married Female Staff of Myanmar Universities
ICEPS_0125.....51
English Language Teachers' Perceptions of Task-Based Language Teaching in Myanmar
ICEPS_0129.....52
The Perception of Occupational Stress among University Teachers in Myanmar
ICEPS_0130.....53
Performance Appraisal Process and Related Outcomes: A Social Exchange Perspective
ICEPS_0131.....54
Self-reported Leadership Styles of Women and Men: Myanmar Context
ICEPS_0132.....55
Myanmar University Students' Engagement in International Experiences and the Development of Intercultural Competencies

ICEPS_0134 ..... **56**
A Critical Review on Parental Alienation Theory in Brazil: Genealogy, Assumptions, and Legislation
ICEPS_0136 ..... **57**
Distribution and Density of Population in Monywa District, Myanmar
ICEPS_0140 ..... **58**
Self-reported Use of Clinician Leadership Style by a Group of Senior Medical Leaders in Myanmar
ICEPS_0141 ..... **59**
Qualitative Analysis of Differences in Attitudes toward the Support Robots
ICEPS_0142 ..... **60**
Utilizing Technology in Early Childhood Education through 'Children Care': Meeting Child Nurses with Toddlers
ICEPS_0148 ..... **61**
Needs Assessment for a M.E. Elementary Teacher Education Program Revision
ICEPS_0155 ..... **62**
The Use of Modern Technology in German Language Instruction in the View of Immigrant Community (Germany)
ICEPS_0163 ..... **63**
A Quantitative Analysis of New English Textbooks for Primary School in Japan
ICEPS_0165 ..... **64**
The anti-Korean kuuki or mood in Japan: Content analyses of antiKorean books published in Japan since 2000
ICEPS_0166 ..... **65**
Education Support for Non-Japanese Children in Shaping a Multilingual Society, Japan
ICEPS_0172 ..... **67**
Female Inmates: The Transformation of Motherhood Identity under Disciplinary Power and Patriarchy Ideology in Prison
ICEPS_0173 ..... **68**
China's foreign Policy Under Xi Jinping : The reflection from Nong Khai, Udon Thani and Khon Kaen, Northeastern (ISAN) Thailand
ICEPS_0178 ..... **69**
The Current Potential, Roles and Authority of Sub-district Headmen and Village Headmen
ICEPS_0185 ..... **70**
Pop Culture: A Study Case Jaran Goyang Song into Ayo Move On
ICEPS_0187 ..... **71**
Infrastructure Enhancement and Household Economic Activities: Lesson From Indonesia
ICEPS_0188 ..... **72**
Using Animation Book of Sex Education to Increase Sex Understanding for Elementary School Students
ICEPS_0191 ..... **74**
Metacognitive Analysis Of Elementary School Students (Stories In Indonesia)
ICEPS_0194 ..... **77**
The Punishment of Professor Yu-ha and Freedom of Expression in Korea Haksan Choi
ICEPS_0195 ..... **78**
The Connotation and Teaching Practice of Children's Aesthetic Education
ICEPS_0196 ..... **79**

Pedagogical skill development for pre-service teachers in Vietnam: A survey of pedagogical students and lecturers
ICEPS_0198 80
Efeects of Changing Grade Level Configuration and Streaming on Transitional Gaps
ICEPS_0201 81
Universal Design for Learning in the Taiwanese Post-secondary Context: Adaptive English Reading Instruction
ICEPS_0202 83
Internet resources usage and its impact for academic performance of undergraduates: A case study of Faculty of Visual Arts
ICEPS_0203 84
Career Formation of the Supervisor as the School Manager Candidate
ICEPS_0205 85
Digital Contents for the Deaf supported by Virtual Sign Translator
ICEPS_0212 88
Teachers' Perception: Essential 21st Century Competencies for Today's Myanmar University Students
ICEPS_0215 89
Perceived Sources of University Faculty Occupational Stress: A Myanmar Case Study
ICEPS_0217 90
Stress Causing Factors among University Teachers in Myanmar
ICEPS_0218 91
Constructing an AutoTutor System of Polygon Geometry for the Elementary School Students
ICEPS_0230 92
Restructuring University Education in Nigeria for Sustainable National Development and Global Relevance
ICEPS_0234 93
Preparing Japanese University Students for Study Abroad: A New Approach
ICEPS_0236 94
Treasure Islands (Re) Conceptualizing our ‘Objects of Desire’ through the lens of the Indigenous peoples of Guam and Bali
ICEPS_0247 96
The School Zoning Policy in Cimahi City, West Java, Indonesia
ICEPS_0251 98
Vision of Smart City Branding
ICEPS_0254 99
Mobile-Learning to Improve Students Mathematical Literacy Ability and Disposition In Terms of Gender
ICEPS_0259 100
Apply Augmented Reality on Constructing Children's Cognition of Foods and Agriculture-A Case of Seafood
ICEPS_0261 101
Teachers' use of L1 to scaffold students' learning in EFL elementary classrooms
ICEPS_0272 103
Usability of the Learning Management System and Choices of Alternative
ICEPS_0274 104

Delivering an integrated School-based Sexual Reproductive Health and Rights (SRHR) program for adolescents: Why gender-based programming is essential

ICEPS_0277 106

Grading System to evaluate conceptual understanding based on internalised misconceptions

ICEPS_0279 107

Factors Involving Academic Achievement among Undergraduates Finishing Different Secondary School Types

ICEPS_0281 108

Grassroots Political System in the Vienamese Political System at present

ICEPS_0285 109

The Influence of Integrating "Mathematical Magic" into Mathematics Instruction on Learning Attitudes towards Mathematics

ICEPS_0288 110

Teaching for Robust Understanding—A TRU Story of 6th Graders in Taiwanese Context

ICEPS_0289 112

Co-constructed Professional Development Process among Mathematics Teacher Educators and Mathematics Grounding Activity-Designers

ICEPS_0291 114

Perceptions and Reflections of Myanmar University Teachers on Challenges in Deploying Information and Communication Technology (ICT)

ICEPS_0292 115

Myanmar Context: Tourism Students' Perception Regarding Internship Practices

ICEPS_0301 116

Investigation and Analysis of the Experience of Taiwan MRT Soundscape: A Case Study of Taipei and Kaohsiung City

ICEPS_0302 117

A Quantitative Analysis of New English Textbooks for Primary School in Japan

ICEPS_0305 118

Analysis of Reading and Writing Comprehension Processes Involved in Learning in Different Disciplines of a Virtual Faculty of Education in a Colombian Private University

ICEPS_0307 119

Assessing Sexual Self-concept and its Relationship with Psychological Well-being among Late Adolescents in Hong Kong

ICEPS_0308 121

A Survey and In-depth Interview study on Female Survivors of Childhood Sexual Abuse

ICEPS_0311 123

Exploring the Influence of Affective Integration Course on the Effectiveness of Chemistry Subject Learning in Vocational School Students

ICEPS_0315 124

Risk and Protective Factors for High School Students In Ho Chi Minh City

ICEPS_0316 125

Use of technology in the teaching and learning of undergraduate Pharmacy program – a systematic review

ICEPS_0320 126

Logic-Design: A Board Game to Motivate Children to Learn Logic Gate Learning for Children in a Science Museum

ICEPS_0321 127

Distribution of Hexad Gamification User Types and Their Association with Intrinic Motivation in Open and Distance Learing Systems

ICEPS_0325.....128

A New Era of Best Practices in Quantitative Assessment: A Modern Measurement Approach Vital for Human Science Research

ICEPS_0326.....129

Teaching Vietnamese for Deaf Children using Sign Language: Situation and Solutions

ICEPS_0328.....130

The Perception of Social Innovation in Public Sector: A Research on Central National Authorities and Ministries in Turkey

ICEPS_0330.....131

Local Wisdom learning in Elementary School: (De) Radicalism in Indonesia

ICEPS_0332.....132

How Digital Technology Driven Consumer Behaviour in Indonesia: Evidence From Millennial and Y Generation

ICEPS_0188

Using Animation Book of Sex Education to Increase Sex Understanding for Elementary School Students

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Abstract

Cases of violence or sexual crimes on children are one of the problems that have occurred in recent years. This problem has received a lot of attention from various parties because many children have been victims of sexual violence. Data from the Indonesian National Child Protection Commission (KPAI) shows that hundreds of cases of sexual crimes against children occur annually (Jawapos, 2017). In 2015 there were 218 cases, in 2016 there were 120 cases and then in 2017 there were 116 cases of sexual crimes in children. Cases of sexual violence in children cannot be separated from the education system in Indonesia. Education in schools should not only focus on teaching compulsory and local subjects, but also need to be accompanied by sex education that is not much realized in its advantages and virtues. Sex education is not intended to teach children to have free sex early, but aims to protect children from sexual crimes that can occur anytime and anywhere. In order to prevent the occurrence of sexual violence in children proper sex education is needed from the start. Minimum sex education has been introduced since elementary school so that children have a proper understanding of sexuality. But the provision of sex education must be adjusted to the stage of child development. The way to deliver sex education also needs to be considered so that it can be easily understood by children. This study seeks to provide sex education in an interesting way, namely through the book "Book of Sex Education Animated Cartoons". This book is structured as interestingly as possible to provide a proper understanding of sex in elementary schoolaged children.

Method. This type of research is quantitative research with experimental design. The experimental method chosen was a quasi experiment. The population of this study was students of SD Muhammadiyah 11 BidaraCina, Jakarta. The sampling technique used is random sampling. The type of experimental design chosen was a pretest posttest one group design. Pretest posttest one group design is a study conducted twice namely before the experiment and after the experiment with one group of subjects. The instrument used was a student's sex understanding questionnaire. The type of treatment given to the subject is the provision of sex education material through the media book "Book of Sex Education Animated Cartoons". The analysis technique used is paired sample t-test.

Results and Discussion. The pretest results showed that the sex understanding of Muhammadiyah 11 Bidara Chinese students was still lacking. Only 20% of students show good understanding of sex, while the remaining 80% are in the moderate to very low category. After the researchers delivered sex education material through the book Book of Sex Education Animated Cartoon, the researchers made measurements again. There is an increase in the value of students after the use of Book Of Sex Education Animated Cartoons. The number of students with sex understanding in the very high category increased to 60%, 32% of students were in the high category, and only 2% of students had an understanding in the medium category. This shows that there is an increase in students' sexual understanding after the use of Book of Sex Education Animated

students' sexual understanding after the use of Book of Sex Education Animated Cartoons. But researchers need to do a test to ascertain whether the use of the book "Book of Sex Education Animated Cartoons" is really effective to improve students' sex understanding. The researcher conducted a comparative test on the value of the pretest and posttest of students using the SPSS 25.0 program. The test uses paired sample ttest technique, where the researcher will compare the students' pretest and posttest scores. The results of the comparative test using the paired sample t-test technique showed a significance value of 0.000 (<0.05).) This shows that there are differences in knowledge of elementary school students of Muhammadiyah 11 Chinese Bidara about sex before and after the publication of the book "Book of Sex Education Animated Cartoons". These results also indicate that the book "Book of Sex Education Animated Cartoons" is effective in increasing students' sex understanding at the elementary school level.

Conclusion. Based on the description above, it can be concluded that there are differences in students' sex understanding before and after the socialization of the book "Book of Sex Education Animated Cartoons" for students of SD Muhammadiyah 11 BidaraCina. Students' sex understanding increases after being given the book. Sex education in schools is important even though it has not been included in the curriculum, but the time of education in schools is very limited because children spend more time at home. Therefore, in addition to teachers, parents need to have the right understanding in order to be able to provide understanding to their children regarding matters related to sexuality that are correct and appropriate to the stages of child development. This book will make it easier for teachers or parents to convey knowledge about sex to elementary school-age children.

Keyword: Sex Education, Elementary School, Sex Understanding