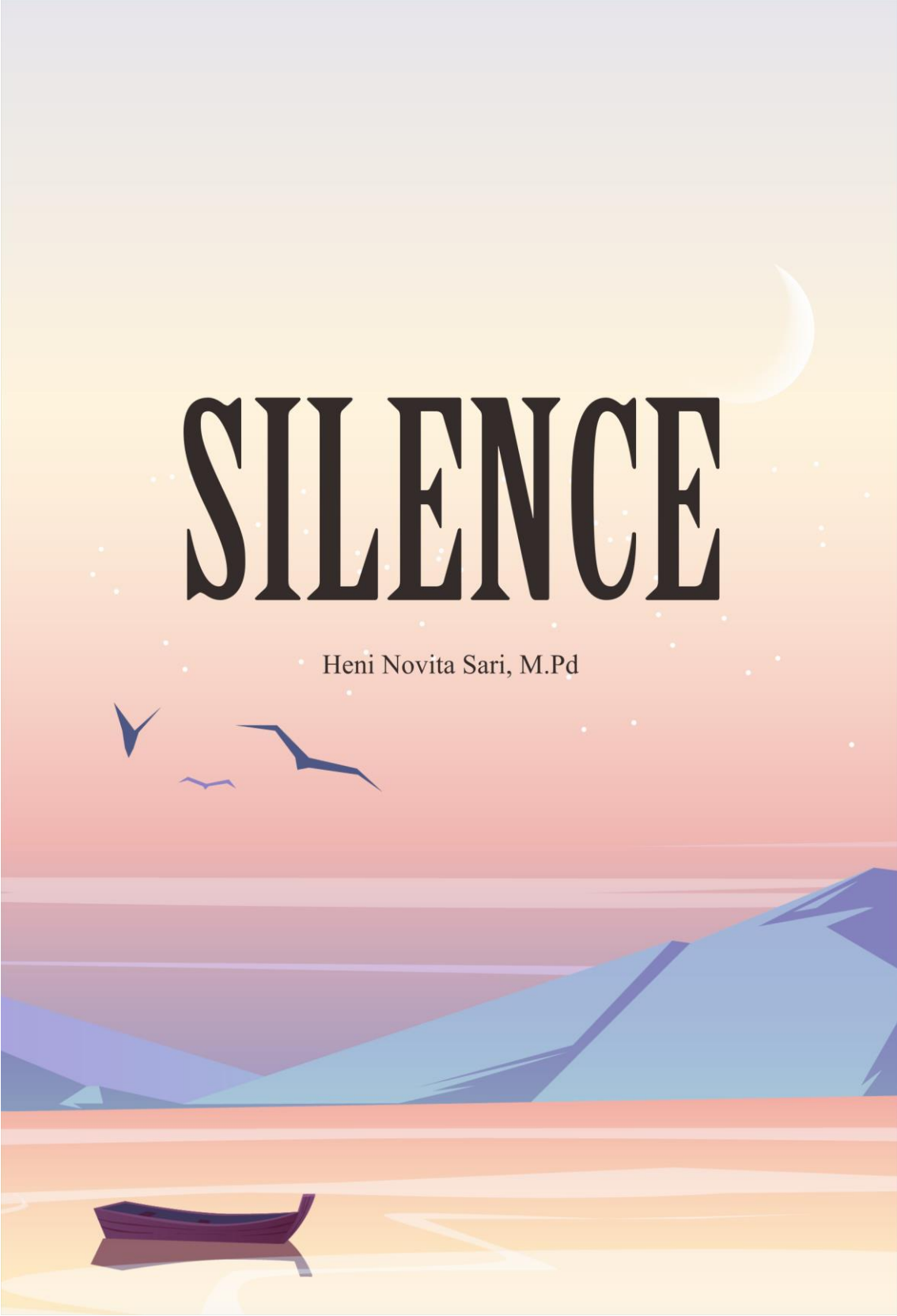


SILENCE

Heni Novita Sari, M.Pd



SILENCE

Sanksi pelanggaran Pasal 113

Undang-Undang Nomor 28 Tahun 2014

Tentang Hak Cipta

1. Setiap Orang yang dengan tanpa hak melakukan pelanggaran hak ekonomi sebagaimana dimaksud dalam Pasal 9 ayat (1) huruf i untuk Penggunaan Secara Komersial dipidana dengan pidana penjara paling lama 1 (satu) tahun dan/atau pidana denda paling banyak Rp100.000.000 (seratus juta rupiah).
2. Setiap Orang yang dengan tanpa hak dan/atau tanpa izin Pencipta atau pemegang Hak Cipta melakukan pelanggaran hak ekonomi Pencipta sebagaimana dimaksud dalam Pasal 9 ayat (1) huruf c, huruf d, huruf f, dan/atau huruf h untuk Penggunaan Secara Komersial dipidana dengan pidana penjara paling lama 3 (tiga) tahun dan/atau pidana denda paling banyak Rp500.000.000,00 (lima ratus juta rupiah).
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4. Setiap Orang yang memenuhi unsur sebagaimana dimaksud pada ayat (3) yang dilakukan dalam bentuk pembajakan, dipidana dengan pidana penjara paling lama 10 (sepuluh) tahun dan/atau pidana denda paling banyak Rp4.000.000.000,00 (empat miliar rupiah).

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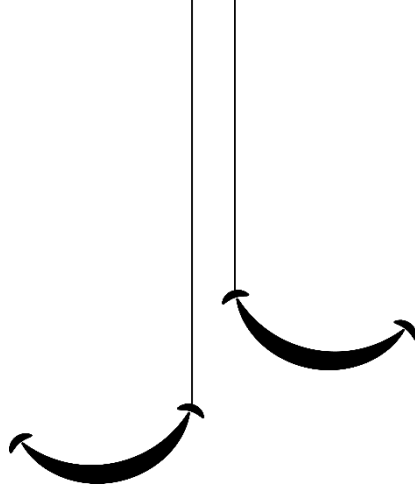
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FOREWORD

Silence is a patient approach in conquering life's changing problems. A collection of poems that stick with Silence has a deep meaning in pursuing the journey of real life. Mixed in the strings of words, thoughts, hearts, & feelings that unravel empiricism. Strings of poetry are parsed from the true life. This poem is reinforced by the content of the Koran and quotes that become a unified reminder of life's reflections. Hopefully, this book can be of value to the readers.

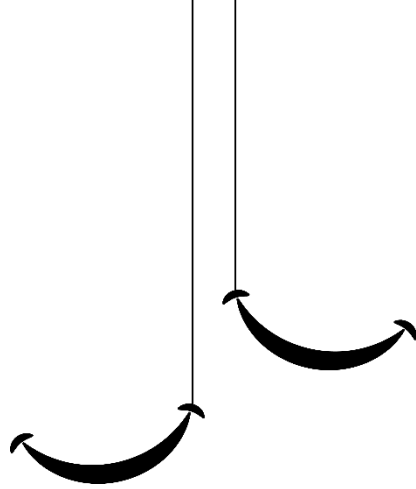


Writer,

A stylized, handwritten signature in black ink, appearing to read 'Heni Novita Sari'.

Heni Novita Sari, M.Pd.





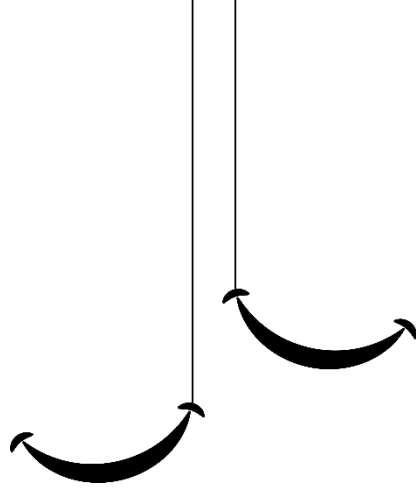
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The Nature of Poetry

Writing is the sequence of words which have the meanings. By writing, we can share our opinions, ideas, thoughts, and feelings. It also deals with the social life amid people interaction. Additionally, Sylvia Plath says that “writing is a religious act: it is an ordering, a reforming, a relearning and reliving of people and the world as they are and as they might be.” However, writing is part of worship.

Writing does need contemplation, especially in terms of poetry. So, what is poetry? In a famous definition, William Wordsworth calls poetry, “the spontaneous overflow of powerful feelings . . .” meanwhile Robert Frost comments that “Poetry is the kind thing poets write.” Strengthened with the poet, Stephane Mallarme, he strongly adds, “you can’t make



a poem with ideas—you make it with words!” The whole experts’ opinions refer to the poets’ expressions about what they both feel and think into the words.

Referring to Shira Wolosky’s opinion, “Poetry can be many things. Poetry can be philosophical, or emotional, or sentimental. It can paint pictures, in a descriptive mode, or tell stories, in a narrative one. Poetry can also be satirical, or funny, or political, or just informative. Learning to read poetry is, then, learning the functions of each word within its specific placement in the poem: why each particular word is put into each particular position.

Now, how do we read the poem? The literal-minded might say, “Just let your eye light on it”; but there is more to poetry than meets the eye. What Shakespeare called “the mind’s eye” also plays a part. In reading a poem, some people assume that its words can be skipped

Over rapidly, and they try to leap at once to the poem’s general theme. Reading poetry is attached to our minds.

Robert Frost states about how to read the poem. To begin with, read the poem once straight through, with no particular expectations; read open-mindedly. Let yourself experience whatever you find, without worrying just yet about the large



general and important ideas the poem contains (if indeed it contains any). Don't dwell on a troublesome word or difficult passage, just push on. Some of the difficulties may seem smaller when you read the poem for a second time; at least, they will have become parts of a whole for you.

On second reading, read for the exact sense for all the words; if there are words you don't understand, look them up in a dictionary. Dwell on any difficult parts as long as you need to.

If you read the poem silently to yourself, sound its words in your mind. (This is a technique that will get you nowhere in a speed-reading course, but it may help the poem to do its work on you). Better still, read the poem aloud, or hear someone else read it. You may discover meanings you didn't perceive in it before. Even if you are no actor, to decide how to speak a poem can be excellent method of getting to understand it.

As stated by Shira Wolosky, "poetry, like all language, of course involves syntax. The language of poetry breaks up into familiar syntactical units (or purposely refuses to do so): phrases of various kinds, clauses, sentences, perhaps even paragraphs, depending on the poem." However, poetry is



closely related to syntax in which both words and phrases are put together to form sentences in a language.

Here is a poem worth considering line by line. The poet writes of an island in a lake in the west of Ireland, in a region where he spent many summers as a boy.

The Lake Isle of Innisfree

(William Butler Yeats, 1865-1939)

I will arise and go now, and go to Innisfree,
And a small cabin build there, of clay and wattles made:
Nine bean-rows will I have there, a hive for the honey-
bee,

And live alone in the bee-loud glade.

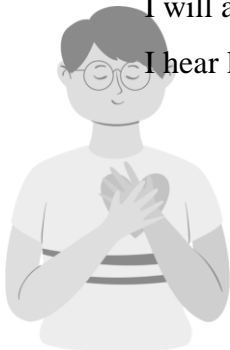
And I shall have some peace there, for peace comes
dropping slow,

Dropping from the veils of the morning to where the
cricket sings;

There midnight's all a glimmer, and noon a purple glow,
And evening full of the linnet's wings.

I will arise and go now, for always night and day

I hear lake water lapping with low sounds by the shore;



While I stand on the roadway, or on the pavements gray,
I hear it in the deep heart's core.

Referring to the above his poem, though relatively simple, this poem is far from simple-minded. We need to absorb it slowly and thoughtfully. The poems have many diverse meanings given by poets. The series of poems has a beautiful meaning and a meaningful message for the readers. The next pages are the collection of real-life poems related to Islamic belief.



*Pondering HIS huge creation in the silence is the core of
remembering our Lord*

The Ablaze Blue Night

The moonlight night came
Those stars flickered more and more
Amid HIS creation



Life Reminder:

الَّذِينَ يَذْكُرُونَ اللَّهَ قِيَامًا وَقُعُودًا وَعَلَىٰ جُنُوبِهِمْ وَيَتَفَكَّرُونَ فِي خَلْقِ
السَّمَوَاتِ وَالْأَرْضِ رَبَّنَا مَا خَلَقْتَ هَذَا بَطْلًا تُسَبِّحُكَ فَقِيمًا
عَذَابَ النَّارِ

(191) Who remember Allah while standing or sitting or [lying] on their sides and give thought to the creation of the heavens and the earth, [saying], "Our Lord, You did not create this aimlessly; exalted are You [above such a thing]; then protect us from the punishment of the Fire.

(QS. Ali 'Imran:191)



Silent night invites us to get closer to Allah

Life Contemplation into Prayer

The wind seriously whispered in the silent night,
The nature followed its way through spaces seen,
And took tahajjud prayer to Allah.

Expressed the whole thing by heart.

Alone in a full surrender.

Tears completed eyes more and more.

"Life changes differently," my heart said.

Full colours, full experiences.

"O God, I give back my everyday life to you," heart
uttered again.

Perfection is yours.



I do apologize for everything I've done.

I can frankly say the whole thing by heart to you.

The wind continuously came.

Half hour passed abruptly.

May life always be in HIS straight path.

Life Reminder:

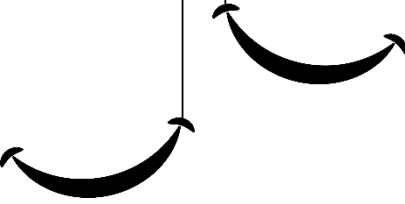
وَمِنَ اللَّيْلِ فَتَهَجَّدْ بِهِ ۗ نَافِلَةً لَّكَ عَسَىٰ أَن يَبْعَثَكَ رَبُّكَ مَقَامًا
مَّحْمُودًا

(79) And from [part of] the night, pray with it [i.e., recitation of the Qur'ān] as additional [worship] for you; it is expected that your Lord will resurrect you to a praised station.

(QS. Al-Isra:79)



Isolation will surely clear up our feelings, thoughts, and emotions



Isolation

Laying on bed amid inadequate supplies
Fully dropped within a few days
The isolated totality bound yourself
Deployed the whole effort to heal
Relinquishing all hope to the God



Life Reminder:

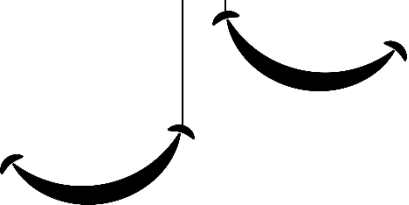
يَا أَيُّهَا الَّذِينَ آمَنُوا اتَّقُوا اللَّهَ وَلْتَنْظُرْ نَفْسٌ مَّا قَدَّمَتْ لِغَدٍ
وَاتَّقُوا اللَّهَ إِنَّ اللَّهَ خَبِيرٌ بِمَا تَعْمَلُونَ

(18) O you who have believed, fear Allāh. And let every soul look to what it has put forth for tomorrow - and fear Allāh. Indeed, Allāh is Aware of what you do.

(QS. Al-Hashr:18)



In the end we return to God alone without anyone's help



When Death Invites

Everything has already planned by God
Both laughter and jokes appear by taking turns
When happiness is snatched away by death, deep grief clings
to the flow
Thousands of forgiveness return to God from sin and stain
When we have to lose someone we love, deep sadness
lingers in the heart
The tears can't be stopped silent
Nothing can escape God's destiny



Life Reminder:

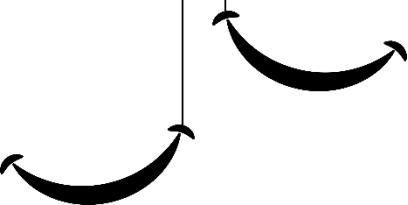
كُلُّ نَفْسٍ ذَائِقَةُ الْمَوْتِ وَإِنَّمَا تُوَفَّقُونَ أُجُورَكُمْ يَوْمَ
الْقِيَامَةِ فَمَنْ رُحِّحَ عَنِ النَّارِ وَأُدْخِلَ الْجَنَّةَ
فَقَدْ فَازَ وَمَا الْحَيَاةُ الدُّنْيَا إِلَّا مَتَاعُ الْغُرُورِ

(185) Every soul will taste death, and you will only be given your [full] compensation on the Day of Resurrection. So he who is drawn away from the Fire and admitted to Paradise has attained [his desire]. And what is the life of this world except the enjoyment of delusion.

(QS. Al-Imran:185)



Stop for a moment when it's time to rest



Raindrop

Heavy rain picks up silence

Take shelter and be silent

A cup of coffee warms the body and clears the stuck mind

Gazing at nature then calming down

Feels like inner communication is close to God



Life Reminder:

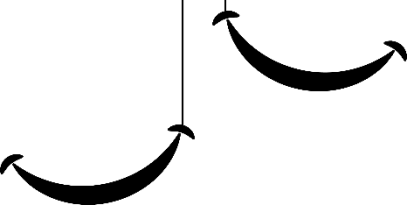
وَهُوَ الَّذِي يُنَزِّلُ الْغَيْثَ مِنْ بَعْدِ مَا قَنَطُوا وَيَنْشُرُ
رَحْمَتَهُ وَهُوَ الْوَلِيُّ الْحَمِيدُ

(28) And it is He who sends down the rain after they had despaired and spreads His mercy. And He is the Protector, the Praiseworthy.

(Ash-Shuraa:28)



*One of the ways to be grateful to God is to be close to nature
and its creation*



Full Moon

The moonlight illuminated the silence of the night

Between the hills and the greenery of nature

Alone in silence

Looking up at the blue clouds, broadens the heart



Life Reminder:

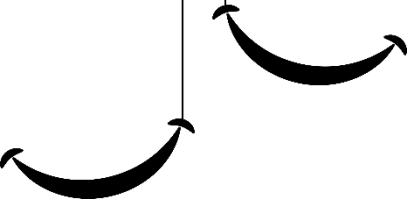
الَّذِينَ يَذْكُرُونَ اللَّهَ قِيَمًا وَفُعُودًا وَعَلَىٰ جُنُوبِهِمْ وَيَتَفَكَّرُونَ فِي خَلْقِ السَّمٰوٰتِ
وَالْاَرْضِ رَبَّنَا مَا خَلَقْتَ هٰذَا بَطْلًا سُبْحٰنَكَ قَوْنًا عَذَابِ النَّارِ

(191) Who remember Allāh while standing or sitting or [lying] on their sides and give thought to the creation of the heavens and the earth, [saying], "Our Lord, You did not create this aimlessly; exalted are You [above such a thing]; then protect us from the punishment of the Fire.

(Al-Imran:191)



Appreciate the effort as proof of the process you created



Dream

No need to talk, just do your best
Be active in prayer and keep trying
Achieving success depends on how much effort
Even though the results are not yet visible, appreciating the
process will be better
You are what you think



Life Reminder:

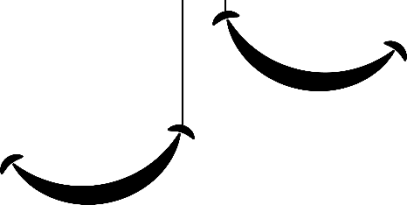
يُنَبِّئِي أَذْهَبُوا فَتَحَسَّسُوا مِنْ يُوسُفَ وَأَخِيهِ وَلَا تَأْيَسُوا مِنْ
رَّوْحِ اللَّهِ إِنَّهُ لَا يَأْيَسُ مِنْ رَّوْحِ اللَّهِ إِلَّا الْقَوْمُ الْكَافِرُونَ

(87) O my sons, go and find out about Joseph and his brother and despair not of relief from Allāh. Indeed, no one despairs of relief from Allāh except the disbelieving people."

(QS. Yusuf:87)



Appreciate time as you love yourself



Deadline

When chased by time, the brain continues to be invited to
think

It's really draining of energy, even though you have to be
able to

Fight laziness and a sense of tiredness that lingers

Although it is not certain that success is achieved, the effort
must still be blazing



Life Reminder:

وَالْعَصْرِ

(1) By time,

إِنَّ الْإِنْسَانَ لِفِي خُسْرٍ

(2) Indeed, mankind is in loss,

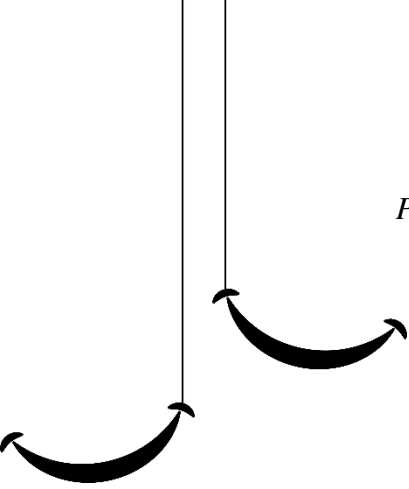
إِلَّا الَّذِينَ ءَامَنُوا وَعَمِلُوا الصَّالِحَاتِ وَتَوَّصَوْا بِالْحَقِّ وَتَوَّصَوْا
بِالصَّبْرِ

(3) Except for those who have believed and done righteous deeds and advised each other to truth and advised each other to patience.

(QS. Al-‘Asr:1-3)



Patience brings blessings



Conflict

The world is like a radiant drama
Disputes can occur intentionally or unintentionally
Seemingly climax intensity uphill flowing
feels like testing patience
Hopefully, this can wash away your sins



Life Reminder:

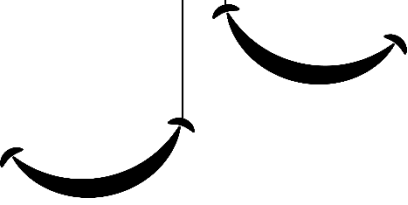
كُتِبَ عَلَيْكُمُ الْقِتَالُ وَهُوَ كُرْهٌ لَّكُمْ وَعَسَىٰ أَن تَكْرَهُوا شَيْئًا
وَهُوَ خَيْرٌ لَّكُمْ وَعَسَىٰ أَن تُحِبُّوا شَيْئًا وَهُوَ شَرٌّ لَّكُمْ
وَاللَّهُ يَعْلَمُ وَأَنْتُمْ لَا تَعْلَمُونَ

(216) Battle has been enjoined upon you while it is hateful to you. But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.

(QS. Al-Baqarah:216)



The closeness of nature can strengthen faith and piety to Allah



Sticky Nature

The wind blows refreshingly

The chirping of birds accompanies

Gurgling water soothes the heart

Shade in the middle of the greenery of nature

The coolness of nature emits aura and energy

Fresh air blows gently

Again, a light mist surrounds the mountains

No words are spoken, only hearts are attached

Really happiness shines on the face & calm heart



Life Reminder:

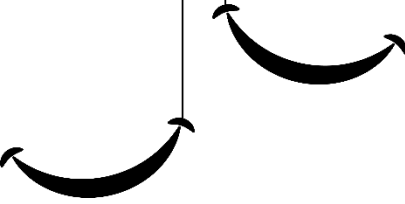
إِنَّ فِي خَلْقِ السَّمَوَاتِ وَالْأَرْضِ وَاخْتِلَافِ اللَّيْلِ وَالنَّهَارِ
لَآيَاتٍ لِّأُولِي الْأَلْبَابِ

(190) Indeed, in the creation of the heavens
and the earth and the alternation of the night
and the day are signs for those of
understanding.

(QS. Al-Imran:190)



*The world is a field of charity that will be accounted for in
the hereafter*



Charity Scales

Acts while in the world are accounted for,
when the mouth is closed,
no words are spoken,
eyes will say about what we see,
hands and feet will speak for what we do,
physical structure reflects actions in the world.



Life Reminder:

فَمَنْ يَعْمَلْ مِثْقَالَ ذَرَّةٍ خَيْرًا يَرَهُ

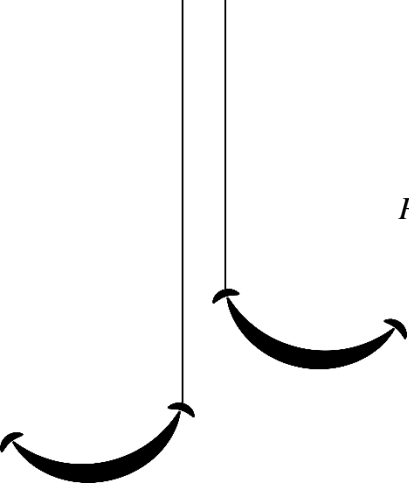
(7) So whoever does an atom's weight of good will see it.

وَمَنْ يَعْمَلْ مِثْقَالَ ذَرَّةٍ شَرًّا يَرَهُ

(8) And whoever does an atom's weight of evil will see it.

(QS. Al-Zalzalah:7-8)





Pain can wash away sins

Self Isolation

Now, I and my husband are socially isolated

It's totally our second time to get corona on 18th March 2022

Destiny is a mystery

Fully surrender only to Allah

Hopefully this pain can abort sins

May this challenge can increase the degree of faith



Life Reminder:

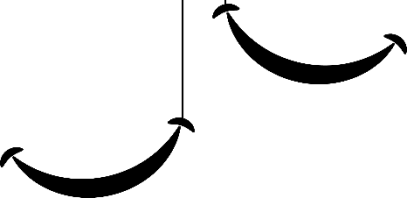
وَإِذَا مَرِضْتُ فَهُوَ يَشْفِينِ

(80) And when I am ill, it is He who cures
me

(QS. As Syuara:80)



Patience can bring blessings from God



Conflict debate

Different opinions can lead to conflict, even if you give in,
you don't have to have full hopes

Character can be a seasoning of various flavors

When the devil sticks to teasing the negative aura, the point
of conflict reaps peaks,

But the whisper of God can sow blessings for those who
deserve it

the struggle of God's voice is like a test of patience



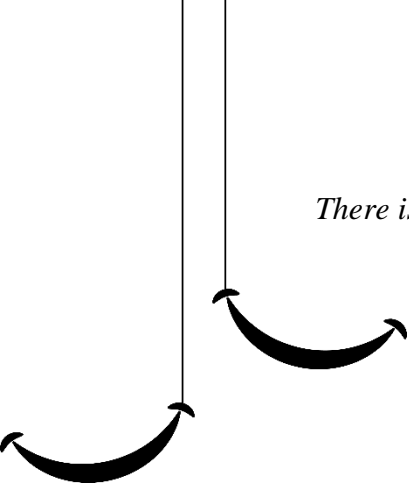
Life Reminder:

إِنَّمَا الْمُؤْمِنُونَ إِخْوَةٌ فَأَصْلِحُوا بَيْنَ أَخَوَيْكُمْ وَاتَّقُوا اللَّهَ
لَعَلَّكُمْ تُرْحَمُونَ

(10) The believers are but brothers, so make settlement between your brothers. And fear Allāh that you may receive mercy.

(QS. Al-Hujurat:10)





There is love behind the secret of God

Live Puzzle

Life is only a temporary stopover
The world clings to the mysteries of the struggle of life
The moods seem to be erratic alternately
The level of faith can also go up and down
Patience and enthusiasm do not have to be easily
extinguished. life is like a Struggle to conquer patience only
to God alone
Many test surprises that tickle faith
I hope this temporary stopover can bring benefits and deeds
of worship that are accepted by Allah Ta'ala



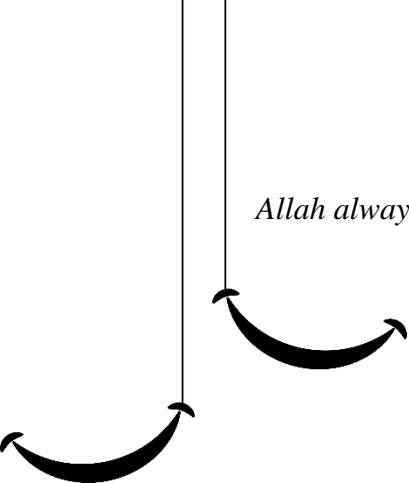
Life Reminder:

وَمَا هَذِهِ الْحَيَاةُ الدُّنْيَا إِلَّا لَهْوٌ وَلَعِبٌ وَإِنَّ الدَّارَ الْآخِرَةَ
لَهِیَ الْحَيَاةُ لَوْ كَانُوا يَعْلَمُونَ

(64) And this worldly life is not but diversion and amusement. And indeed, the home of the Hereafter - that is the [eternal] life, if only they knew.

(QS. Al-Ankabut:64)





Allah always entrusts wisdom in every problem

Thank You Problem

School life does not escape the learning process
Testing your faith, mentality, thoughts, & feelings
Cognitive, affective, and psychomotor spontaneously move
dynamically following the brain
Sometimes it disturbs the level of consciousness
Strength is in one's fighting power
Failure that may occur is not the end of the process
Learning to be patient, sincere, and persevere will make you
more rigid & keep the spirit of achieving your goals



Life Reminder:

اِيَكْفُفُ اللهُ نَفْسًا إِلَّا وُسْعَهَا لَهَا مَا كَسَبَتْ وَعَلَيْهَا مَا اكْتَسَبَتْ رَبَّنَا
لَا تُؤَاخِذْنَا إِنْ نَسِينَا أَوْ أَخْطَأْنَا رَبَّنَا وَلَا تَحْمِلْ عَلَيْنَا إِصْرًا كَمَا
حَمَلْتَهُ عَلَى الَّذِينَ مِنْ قَبْلِنَا رَبَّنَا وَلَا تُحَمِّلْنَا مَا لَا طَاقَةَ لَنَا بِهِ
وَأَعْفُ عَنَّا وَارْحَمْنَا أَنْتَ مَوْلَانَا فَانصُرْنَا عَلَى الْقَوْمِ
الْكَافِرِينَ

(286) Allāh does not charge a soul except [with that within] its capacity. It will have [the consequence of] what [good] it has gained, and it will bear [the consequence of] what [evil] it has earned. "Our Lord, do not impose blame upon us if we have forgotten or erred. Our Lord, and lay not upon us a burden like that which You laid upon those before us. Our Lord, and burden us not with that which we have no ability to bear. And pardon us; and forgive us; and have mercy upon us. You are our protector, so give us victory over the disbelieving people."

(QS. AL-Baqarah:286)



Praying is a means for us to pray wholeheartedly to Allah swt, hoping for His goodness, so that He grants something we want.

The Most Beautiful Prayer

The silent night is called to be silent and face the divine
1/3 night is the closest time
the power of prayer and resigned prostration begging for the
best
there is nothing more beautiful than prayer & effort only
because of God
hoping for God's best pleasure, God willing



Life Reminder:

وَإِذَا سَأَلَكَ عِبَادِي عَنِّي فَإِنِّي قَرِيبٌ أُجِيبُ دَعْوَةَ الدَّاعِ إِذَا دَعَانِ
فَلْيَسْتَجِيبُوا لِي وَلْيُؤْمِنُوا بِي لَعَلَّهُمْ يَرْشُدُونَ

(186) And when My servants ask you, [O Muḥammad], concerning Me - indeed I am near. I respond to the invocation of the supplicant when he calls upon Me. So let them respond to Me [by obedience] and believe in Me that they may be [rightly] guided.

(Al-Baqarah:186)



*From Imam Ath-Thabrani and Al-Bazzar radhiyallahu 'an
huma, Rasulullah SAW said:*

*“Get up in the morning to look for your sustenance and
needs. Verily in the morning there is blessing and good
fortune.”*

Predawn Darkness

the strains of prayer are still spoken

soothe the mind & heart

neutralize the mind & body

cultivate inner peace

Repeatedly expressing the glorification of God



Life Reminder:

أَصْبِرْ عَلَىٰ مَا يَقُولُونَ وَسَبِّحْ بِحَمْدِ رَبِّكَ قَبْلَ طُلُوعِ الشَّمْسِ وَقَبْلَ
عُزُوبِهَا وَمِنَ اللَّيْلِ فَسَبِّحْ وَأَطْرَافَ النَّهَارِ لَعَلَّكَ تَرْضَىٰ

(130) So be patient over what they say and exalt [Allāh] with praise of your Lord before the rising of the sun and before its setting; and during periods of the night [exalt Him] and at the ends of the day, that you may be satisfied.

(QS. Thaha:130)



The importance of remembering death

Secret of Death

Life is like a hand of God
Weighed in the swing of the world
Time goes on with the provisions of divine destiny
Feet stand in the world with the footsteps reaching the hope
of life until God's destiny will come
As long as we have a long life and a healthy body, our
steps will not stop
We utterly do not know when death will come, God keeps
it a secret
There is wisdom behind the secret of death



Life Reminder:

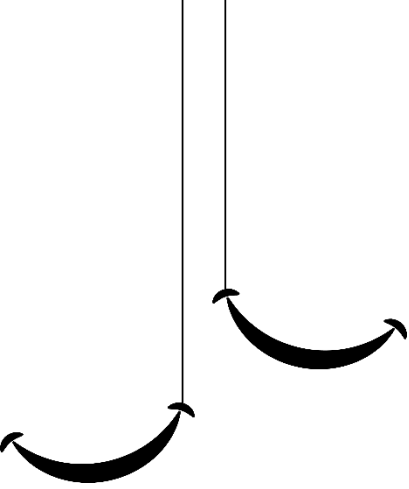
الَّذِي خَلَقَ الْمَوْتَ وَالْحَيَاةَ لِيَبْلُوَكُمْ أَيُّكُمْ أَحْسَنُ عَمَلًا وَهُوَ الْعَزِيزُ
الْعَفُورُ

(2) [He] who created death and life to test you [as to] which of you is best in deed - and He is the Exalted in Might, the Forgiving.

(QS. Al-Mulk:2)



Calm your heart



Calm Soul

the leaves dance with the wind
without groans and screams, the realm of life flows
When the shock of the test greets, nature glorifies even
though they fall one after another
Silence, glorify, surrender, and believe that God is the One
Who Rules all of His creations
Strive willingly and sincerely for His will
May God give His blessings and a better place by His side



Life Reminder:

يَا أَيُّهَا النَّفْسُ الْمَطْمَئِنَّةُ

(27) [To the righteous it will be said], "O
reassured soul,

أَرْجِعِي إِلَىٰ رَبِّكَ رَاضِيَةً مَّرْضِيَّةً

(28) Return to your Lord, well-pleased and
pleasing [to Him],

فَادْخُلِي فِي عِبَادِي

(29) And enter among My [righteous] servants

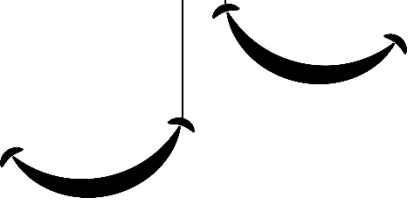
وَادْخُلِي جَنَّاتِي

(30) And enter My Paradise."

(QS. Al-Fajr:27:30)



Only remembering God does the heart become at peace



Solitude

alone at home in relaxation
releasing fatigue, longing for God's closeness
Release all burdens and surrender from all affairs
the heart glorifies clinging to God
mixed with the green of nature
merge into life, return to God



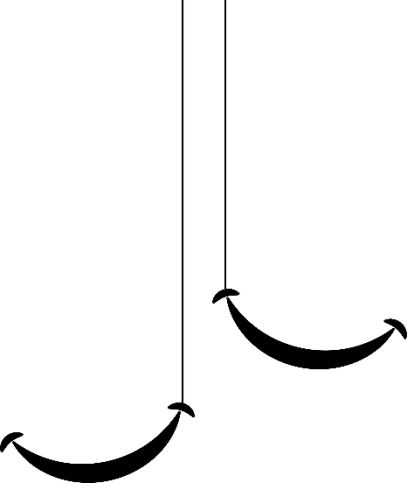
Life Reminder:

لَّذِينَ ءَامَنُوا وَتَطْمَئِنُّ قُلُوبُهُمْ بِذِكْرِ اللَّهِ أَلَا بِذِكْرِ اللَّهِ
تَطْمَئِنُّ الْقُلُوبُ

(28) Those who have believed and whose hearts are assured by the remembrance of Allāh. Unquestionably, by the remembrance of Allāh hearts are assured.

(QS. Ar-Ra'd:28)





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