THE FACTORS CONTRIBUTING TO STUDENTS' ANXIETY IN SPEAKING PERFORMANCE AT THE FOURTH SEMESTER OF ENGLISH EDUCATION DEPARTMENT OF THE UNIVERSITY OF MUHAMMADIYAH PROF. DR. HAMKA

A PAPER

SUBMITTED AS A PARTIAL FULFILLMENT OF THE REQUIREMENTS FOR THE DEGREE OF

SARJANA PENDIDIKAN



BY:

PUNGKY MAUREN

1601055059

THE STUDY PROGRAMME OF ENGLISH EDUCATION

THE SCHOOL OF TEACHER TRAINING AND EDUCATION

THE UNIVERSITY OF MUHAMMADIYAH PROF. DR. HAMKA

JAKARTA

2020

VALIDATION SHEET

VALIDATION SHEET

Title : The Factors Contributing to Students' Anxiety in Speaking

Performance at The Fourth Semester of English Education Department of Hamka University in 2019/2020 Academic

Year

Name : Pungky Mauren

NIM : 1601055059

This paper has been presented, examined, and revised based on the advisors and examiners' suggestion.

The Study Progamme : English Education

The Faculty : The School of Teachers Training and Education
The University : University of Muhammadiyah Prof. Dr. Hamka

The Day and Date : Saturday, August 22nd 2020

Validation by,

Chairperson : Drs. Zuhad Ahmad, M.Pd

Secretary : Silih Warni, Ph.D Advisor : Silih Warni, Ph.D

Examiner 1 : Drs. Bahrul Hasibuan, M.Ed

Examiner 2 : Martriwati, M.Pd

Date

05 - 11 - 2020

21 - 10 - 2020

21 - 10 - 2020

23-09-2020

20/10/2020.

Di Desvian Bandarsyah, M.Pd

NIDN. 0317126903

ABSTRACT

PUNGKY MAUREN. 1601055059. The Factors Contributing to Students' Anxiety in Speaking Performance at the Fourth Semester of English Education Department of the University of Muhammadiyah Prof. Dr. Hamka 2019/2020 Academic Year. A paper; Jakarta: The Study Progamme of English Education, The School of Teacher's Training and Education, The University of Muhammadiyah Prof. Dr. Hamka, 2020.

This research is aimed to get empirical evidence of the factors that contribute to students' anxiety in speaking performance. The writer uses mixed method in this research. The writer used quantitative approach because the writer used numeric data of the questionnaire about students' anxiety and used the qualitative approach because the writer used the phenomenology data to explore the factors that contribute to students' anxiety in speaking performance. The participants of the research consist of 124 students from the Public Speaking classes at the fourth semester of English Education Department to fill the questionnaire and 8 students to be interviewed. The data of the research show that 46% of the students experienced the anxiety of test, 35% of the student have problems with communication apprehension. And 19% of them were getting anxious in negative evaluation. All of these anxiety distribution shows that most of the student felt scared and nervous to speak up in English language in front of the class, they felt scared of difficult subjects, they fear of making mistakes, they felt afraid of being made fun of by some friends, they felt fear of a negative evaluation from the lecturer, lack of preparation, lack of vocabulary and lack of confidence. All of these become the factors that contribute to students' anxiety in their speaking performance during the *Public Speaking* class at the fourth semester of the 2019/2020 academic year,

Keywords: Students' Anxiety, Speaking Performance.

TABLE OF CONTENTS

VALIDATION SHEET
ABSTRACTii
STATEMENTiii
ACKNOWLEDGMENTSiv
TABLE OF CONTENTvi
LIST OF TABLES viii
LIST OF FIGURES ix
LIST OF APPENDIXESx
CHAPTER I INTRODUCTION
A. The Background of the Study Problem1
B. The Scope of the Study2
C. The Research Question3
D. The Objectives of the Study3
E. The Significance of the Study3
CHAPTER II THEORETICAL FRAMEWORK
A. Anxiety4
1. The Understanding of Anxiety4
2. The Types of Anxiety5
3. Anxiety and Speaking English
4. Possible Factors Contributing to Anxiety in Speaking
Performance
5. Foreign Language Classroom Anxiety
B. Speaking
1. The Understanding of Speaking
2. The Types of Speaking

CHAPTER III	RESEARCH METHODOLOGY	
A.	The Flow of The Research	17
B.	The Research Setting	17
C.	The Research Participants	17
D.	The Research Method	18
E.	The Data	18
F.	The Technique of Data Analysis	19
G.	The Research Procedure	20
	RESEARCH FINDING	
A.	Results	
	1. Questionnaire Result	
	2. Interview Result	42
B.	Discussion	47
CHAPTER V C	CONCLUSION AND SUGGESTION	
A.	Conclusion	50
В.	86	52
REFERENCES		53
APENDICES		
CUDDICIU III	AXITAE	

CHAPTER I

INTRODUCTION

This chapter discusses the background of the study, the scope of the study, the research question, the objectives of the study, and the significances of the study.

A. The Background of the Study

In learning English as a Foreign Language (EFL), there are four basic skills that the students have to master. They are listening, speaking, reading, and writing. Speaking has received the greatest attention among both students and teachers (Gantini, 2016). As stated in Burn & Joyce (1997), speaking is an interactive process of constructing meaning that involves producing, receiving, and processing information.

In learning a foreign language, the students have to understand and know how to respond to each skill, including speaking. However, in learning English as a foreign language has always been a problematic thing for Indonesian students (Pasassung, 2003: ...). Most of the students express their fears and feelings when they speak in English. With this, we can say that speaking is a way to communicate and say things depending on the situation to deliver the message to speakers and to investigate thoughts to feel about a topic.

Besides, there are many students' problems in learning English, such as: many students lacking of vocabularies, some of them seldom to practicing in speaking English and sometimes when they speak English in the classroom, they were worried about making mistakes, they feel nervous and lacking of

confidence. That is why some of the students had anxiety when they speak in the classroom. Horwitz, Horwitz and Cope (1986) and Young (1990) stated that speaking a foreign language is often cited by students as their most anxiety-producing experience. Moreover, the problem of language anxiety not only happens to the beginner but also to the university students who usually deal with English.

Foreign language learners commonly express a feeling of anxiety, apprehension, and nervousness in learning to speak the language (Tanveer, 2017: ...). These feelings are considered to be a potentially harmful effect on communication in the target language. Necessary in her study (2011: ...) found that speaking anxiety inhibits students from speaking. Also, students with anxiety have a harder time mastering the goals for education than other students.

In this study, the writer would like to focus on the reasons for students' fear in speaking called feeling anxiety, and the variables may cause this.

B. The Scope of the Study

This study focuses on identifying factors that cause students' anxiety in speaking performance at the fourth semester of English Education Department of the University of Muhammadiyah Prof. Dr. Hamka. Moreover, the questioners and interview analysis attempt to find out the types of students' anxiety, the source of students' anxiety, and the solution or strategies to overcome the anxiety.

C. The Research Question

Based on the previous background above, the writer formulated a research question as follows:

What factors contribute to students' anxiety in speaking English?

D. The Objectives of the study

This study is intended to get empirical evidence of the factors that contribute to students in speaking anxiety.

E. The Significance of the Study

The study is expected to provide some significance; the writer will divide the consequences in this study into two categories:

- 1. Theoretically, in this study, the writer wants to support some theories and references as well as to enrich literature reviews about students' anxiety in speaking performance and also as references for someone who wants to research a similar study.
- 2. Practically, in this study, the writer will provide useful data from students to know the information about students' anxiety in speaking performance and be aware of anxiety itself.

REFERENCES

- Brown, H. D. (2006). Principles of Language Learning and Teaching. In *Language* (Vol. 57). https://doi.org/10.2307/414380
- Creswell, J. W. (2014). An Introduction to Mixed Methods Research slides. *Ssp, University of Nebraska-Lincoln*, 43.
- DeVellis, R. (2011). Scale Development.
- Fitriah, & Hayatul, M. (2013). FOREIGN LANGUAGE SPEAKING ANXIETY: A CASE STUDY AT ENGLISH DEPARTMENT STUDENTS OF IAIN LHOKSEUMAWE AND AL MUSLIM UNIVERSITY. *Journal of Chemical Information and Modeling*, 53(9), 1689–1699. https://doi.org/10.1017/CBO9781107415324.004
- Gantini, A. (2016). CLASSROOM MANAGEMENT CHALLENGES FOR THE PRE SERVICE TEACHER IN TEACHING ENGLISH SPEAKING. *Journal of Chemical Information and Modeling*, 53(9), 1689–1699. https://doi.org/10.1017/CBO9781107415324.004
- Gardner, R. C., & Smythe, P. C. (1975). Second Language Acquisition: A Social Psychological Approach. Research Bulletin No. 332. 335.

- Gibbs. (2007). Qualitative coding. *The Qualitative Coding*, 4–6.
- Horwitz, E. K., Horwitz, M. B., & Cope, J. (1986). Foreign Language Classroom Anxiety classroom. *The Modern Language Journal*, 70(2), 125. https://doi.org/10.2307/327317
- Horwitz, Horwitz, and C., Ali, S., Rose Alinda, A., Syed Norris, H., Marlia, P., Siti Hamisah, T., ... Othman, A. (2018). An Analysis of Students' Anxiety in Speaking Performance.
- Languages, O., & Quarterly, T. (2016). Teachers of English to Speakers of Other Languages, Inc. (TESOL) Preliminary Evidence for the Reliability and Validity of a Foreign Language Anxiety Scale Author (s): Elaine K. Horwitz Published by: Teachers of English to Speakers of Other Language.
- M. Lightbown, Patsy and Spada, N. (2003). How Languages are Learned.
- Marwan, A. (2007). Investigating students' foreign language anxiety. *Malaysian Journal of ELT Research*, 3, 37–55.
- Mauludiyah, Y. (2014). the Correlation Between Students 'Anxiety and Their Ability in Speaking Class.

- Pappamihiel, N. (2002). English as a Second Language Students and English Language Anxiety: Issues in the Mainstream Classroom. *Research in the Teaching of English*, 36(3), 327–355.
- Rita Ayu and Dalila Nadhia. (2006). Anxiety and speaking English as a second language. *RELC Journal*, 37(3), 308–328. https://doi.org/10.1177/0033688206071315
- von Worde, R. (2003). Students' Perspectives on Foreign Language Anxiety. *Inquiry*, 8(1), 1–15.
- Wu and Chan in Kurniasih 2016. (2004). 10 Simple Solutions to Shyness: How to Overcome Shyness, Social Anxiety & Fear of Public Speaking. In *Adolescence* (Vol. 39).
- Zheng, Y., & Cheng, L. (2018). How does anxiety influence language performance? From the perspectives of foreign language classroom anxiety and cognitive test anxiety. *Language Testing in Asia*, 8(1). https://doi.org/10.1186/s40468-018-0065-4