

### Proceedings ANRES 2018

### International Conference of Agriculture and Natural Resources



HOTEL WINDSOR SUITES & CONVENTION Bangkok, Thailand









### PREFACE

On behalf of the Organizing Committee, we are pleased to present the Book of Abstracts, of the International Conference on Agriculture and Natural Resources 2018 (ANRES 2018). It is scheduled to be held from 26th - 28th April 2018 in Bangkok, Thailand. It is organized by Kasetsart University Research and Development Institute (KURDI) together with editorial team of Agriculture and Natural Resources (ANRES journal). The conference's goal is to provide a frontier research forum on agriculture including agricultural science, animal science and aquaculture, biodiversity and evolution, environment and ecology, food science, forestry, genetics and breeding, microbiology and biotechnology, plant science, soil science, and agricultural applications in physical science, engineering and computational science. ANRES 2018 is an international gathering with an excellent opportunity to create knowledgeable network, build research collaboration, and meet scientific colleagues from many countries. ANRES 2018 takes the privilege to invite researchers, agricultural industry, and young scientists to gain international atmosphere and meet inspiring speakers and expert. The book of Abstracts is one of the main outcomes of the ANRES 2018 conference and serves as an input for the conference discussions. More than 300 authors and attendees will participate and share their theoretical and applied scientific knowledge as well as new findings through various forms of participation. To this end, the conference make valuable contribution and new scientific networks.

Thank you all for participating

Thongchai: Surversichen

Thongchai Suwonsichon Chairman, ANRES 2018



Thursday 26 April 2018, Pailin-Petch room 11 <sup>th</sup> floor		
8:00-9:00		gister
9:00-9:30	Opening ceremony	
9:30-10:10	Plenary lecture: Intracellular communication	
9.50 10.10	From model systems to crops	in or uplotte subss, memory and recovery.
	Barry Pogson, Australian National Universit	tv, Australia
10:10-10:50	Plenary lecture: Gene evolution by design	
	Apichart Vanavichit, Kasetsart University, T	Thailand
10:50-11:05	Coffee bre	eak, 10 <sup>th</sup> floor
11:05-11:45	Plenary lecture: Sustainable urban pest management in Asia Challenges and	
	feasibilities	
	Chow-Yang Lee, Universiti Sains Malaysia,	
11:45-12:00		genomic breakthroughs. Driving innovation in
	agriculture	
12:00-12.15	<i>Evgeny Glazov, illumina</i> <b>Special lecture:</b> Beyond traditional SEM wi	th in situ dynamia avaluation using
12.00-12.15	environmental SEM (ESEM)	un <i>m-stru</i> dynamic evaluation using
	Simon Fong Khin Mun, Crest Nanosolution	(Thailand) Ltd.
12.15-13.30	0	unch
	Session 1 Plant Science	Session 2 Microbiology and Biotechnology
	Pailin room 11 <sup>th</sup> floor	Petch room 11 <sup>th</sup> floor
	Chairman: Pongphan Jitareerat	Chairman: Savitree Limtong
	Co-chair: Wannarat Phonphoem	Co-chair: Nichanun McMillan
13:30-14:00	Invited lecture: Biosynthesis of	Invited lecture: Expanding primary
	β-Citraurin in citrus fruit	metabolism in Streptomyces helps generate
		metabolic robustness to cope with life in the
	Maggua Vato	soil Paul Hoskisson,
	Masaya Kato, Shizuoka University, Japan	University of Strathclyde, UK
	· · ·	esentation
14:00-14:15	<b>PS-O1:</b> Identification of interspecific	MB-O1: Bacteriocin activity of
14.00-14.15	hybrid between J. curcas X J. integerrima	Lactobacillus brevis isolated from rumen
	using morphological and molecular marker	liquid of thin tail sheep
	Darmawan Saptadi,	Okti Widayati,
	University of Brawijaya, Indonesia	Gadjah Mada University, Indonesia
14:15-14:30	<b>PS-O2:</b> Detection and allele identification	MB-O2: Analysis of targeted metabolites in
	of rice blast resistance gene, Pik, in Thai	tricarboxylic acid cycle of cordycepin
	rice germplasm	administration in streptozotocin-induced
		diabetic mice
	Kasirapat Ariya-anandech,	Kongphop Parunyakul,
14:30-14:45	<i>Kasetsart University, Thailand</i> <b>PS-O3:</b> MaxEnt modelling for predicting	<i>Kasetsart University, Thailand</i> <b>MB-O3:</b> Dual transcriptome analysis of
14.30-14.43	the potential distribution of <i>Vitex glabrata</i>	Penicillium chermesinum and its co-
	R.Br. in Thailand	cultivation for investigating polyketide
		biosynthetic genes
	Kanokporn Promnikorn,	Suthasinee Rattanachan,
	Kasetsart University, Thailand	King Mongkut's University of Technology
		Thonburi, Thailand





14:45-15:00	<b>PS-O4:</b> Diversity of durian ( <i>Durio</i>	<b>MB-O4:</b> Preparation and characterization of
1	<i>zibethinus</i> L.) from Nonthaburi, Thailand	bacterial nanocellulose incorporated with
	based on morpho-palatability	xanthone for cosmeceutical product
	characteristics and SSR markers	1 I
	Sasivimon Swangpol,	Boonyasit Porngarm,
	Mahidol University, Thailand	Kasetsart University, Thailand
15:00-15:15		eak, 10 <sup>th</sup> floor
	Session 3 Genetics, Diversity and	Session 4 Microbiology and Biotechnology
	Ecology	D i l i i i i i i i i i i i i i i i i i
	Pailin room 11 <sup>th</sup> floor	Petch room 11 <sup>th</sup> floor
	Chairman: Kornsorn Srikulnath	Chairman: Arinthip Thamchaipenet
15.15 15.45	<b>Co-chair:</b> Narongrit Muangmai	Co-chair: Ekaphan Kraichak
15:15-15:45	<b>Invited lecture:</b> The Thai long-tailed	<b>Invited lecture:</b> Microbial lipid production
	macaques ( <i>Macaca fascicularis</i> ): Pest or	from crude glycerol by an oleaginous yeast,
	precious? Suchinda Malaivijitnond,	<i>Rhodosporidiobolus fluvialis</i> DMKU-RK253 <i>Savitree Limtong</i> ,
	Chulalongkorn University, Thailand	Kasetsart University, Thailand
		esentation
15:45-16:00	GDE-O1: Activity pattern of leopard	<b>MB-O5:</b> Biochemical mechanism of anti-
15.45-10.00	( <i>Panthera pardus</i> ) in Huai Kha Khaeng	inflammation explained from two marine-
	Wildlife Sanctuary, Thailand: A	derived bioactive compounds
	confirmation from multiple year data	derived biodetive compounds
	Apinya Saisamorn,	Jidapa Sornsiri,
	Kasetsart University, Thailand	Burapha University, Thailand
16:00-16:15	<b>GDE-O2:</b> Multiple nesting of hawksbill	<b>MB-O6:</b> Antiplatelet and fibrinogenolytic
	turtle Eretmochelys imbricata at Talu	activities of a purified mucus protein from
	Island, the Gulf of Thailand as revealed by	Eudrilus euginiae (African night crawler)
	mitochondrial DNA analysis	
	Mukrekha Chiewchanchai,	Kittidet Prem-U-domkit,
	Chulalongkorn University, Thailand	Kasetsart University, Thailand
16:15-16:30	GDE-O3: Genetic diversity and history of	MB-O7: Transient recombinant human
	Japanese indigenous chickens inferred	Osteopontin expression in non-transgenic
	from mitochondrial D-loop region	plants
	Mitsuo Nunome,	Wanuttha Boonyayothin,
16004645	Nagoya University, Japan	Kasetsart University, Thailand
16:30-16:45	GDE-O4: Telomere dynamics of age-	<b>MB-O8:</b> Development of an electrochemical
	related sex differences in Siamese Cobra	sensor for Fumonisin B1 based on
	( <i>Naja kaouthia</i> ) reflects lifespan estimation	molecularly imprinted polymer nanoparticles
	Kornsorn Srikulnath,	Hasim Munawar,
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16:45-18:00 18:00-20:00	· · · ·	Ampava room 10 <sup>th</sup> floor nguet
18:00-20:00		
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	Pailin room 11 <sup>th</sup> floor	Petch room 11 <sup>th</sup> floor
	Chairman: Kornsorn Srikulnath	Chairman: Prateep Duengkae
	Co-chair: Narongrit Muangmai	Co-chair: Pramote Chumnanpuen





09:00-9:30	Invited lecture: National BioResource	Invited lecture: Smart man, smart ranger,
	Project (NBRP) "Chicken and Quail" in	and smart patrol: The essential elements in
	Japan	protection and recovery of threatened
		wildlife species in Thailand
	Yoichi Matsuda,	Anak Pattanavibool,
	Nagoya University, Japan	Wildlife Conservation Society Thailand
		Program, Thailand
		esentation
09:30-9:45	AA-O1: The relationship between	GDE-O5: Sapling dynamics along
	expression of LPL, FATP4, FAT/CD36	altitudinal gradients at Doi Suthep-Pui
	gene and effects of dietary curcuminoids	National Park, Northern Thailand
	and tuna oil in Korat chicken	
	Siraprapa Homkhajohn,	
	Suranaree University of Technology,	Sutheera Hermhuk,
	Thailand	Kasetsart University, Thailand
09:45-10:00	AA-O2: The expression of antioxidant	GDE-O6: Predicting risk zones of Nipah
	enzyme genes and the effects of dietary	virus from foraging utilization of Lyle's
	curcuminoids combined with tuna oil in	flying fox (Pteropus lylei) in Eastern
	Korat chicken meat	Thailand
	Witchapat Nambundit,	Aingorn Chaiyes,
	Suranaree University of Technology,	Kasetsart University, Thailand
	Thailand	
10:00-10:15	AA-O3: The relationship of hematological	GDE-O7: Development of web portal
	values with Newcastle disease antibody in	application as an innovative learning media
	Thai indigenous chicken: Strain Leung	about Timber license for forest farmers and
	Hang Khow	local industry in Indonesia
	Keyapat Kongroi,	Mahtuf Ikhsan,
	Suranaree University of Technology, Thailand	Bogor Agricultural University, Indonesia
10:15-10:30	Coffee break 10 <sup>th</sup> floor	
10:10 10:20	Oral presentation	
	Oral pr	esentation
	-	
	Session 7 Animal Sci. and Aquaculture	Session 8 Insect and Pest Control
	-	Session 8 Insect and Pest Control Petch room 11 <sup>th</sup> floor
	<b>Session 7 Animal Sci. and Aquaculture</b> Pailin room 11 <sup>th</sup> floor	Session 8 Insect and Pest Control Petch room 11 <sup>th</sup> floor Chairman: Chow-Yang Lee
10:30-10:45	Session 7 Animal Sci. and Aquaculture Pailin room 11 <sup>th</sup> floor Chairman: Skorn Koonawootrittriron Co-chair: Nichanun McMillan	Session 8 Insect and Pest Control Petch room 11 <sup>th</sup> floor Chairman: Chow-Yang Lee Co-chair: Minta Chaiprasongsuk
10:30-10:45	Session 7 Animal Sci. and AquaculturePailin room 11th floorChairman: Skorn KoonawootrittrironCo-chair: Nichanun McMillanAA-O4: Effects of bedding type and	Session 8 Insect and Pest ControlPetch room 11th floorChairman: Chow-Yang LeeCo-chair: Minta ChaiprasongsukIP-O1: Population dynamic and insecticide
10:30-10:45	Session 7 Animal Sci. and AquaculturePailin room 11th floorChairman: Skorn KoonawootrittrironCo-chair: Nichanun McMillanAA-O4: Effects of bedding type andstocking density on growth performance,	Session 8 Insect and Pest Control Petch room 11 <sup>th</sup> floor Chairman: Chow-Yang Lee Co-chair: Minta Chaiprasongsuk
10:30-10:45	Session 7 Animal Sci. and Aquaculture Pailin room 11th floor Chairman: Skorn Koonawootrittriron Co-chair: Nichanun McMillanAA-O4: Effects of bedding type and stocking density on growth performance, carcass characteristics and foot-pad of	Session 8 Insect and Pest ControlPetch room 11th floorChairman: Chow-Yang LeeCo-chair: Minta ChaiprasongsukIP-O1: Population dynamic and insecticide
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10:30-10:45	Session 7 Animal Sci. and Aquaculture Pailin room 11th floor Chairman: Skorn Koonawootrittriron Co-chair: Nichanun McMillanAA-O4: Effects of bedding type and stocking density on growth performance, carcass characteristics and foot-pad of	Session 8 Insect and Pest ControlPetch room 11th floorChairman: Chow-Yang LeeCo-chair: Minta ChaiprasongsukIP-O1: Population dynamic and insecticide
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11:00-11:15	AA-O6: Potential preventive effects of <i>Cordyceps militaris</i> aqueous extract against cyclophosphamind-induced mutagenicity and sperm abnormality in rats <i>Thanawit Thongmai</i> , <i>Kasetsart University, Thailand</i>	<b>IP-O3:</b> Laboratory evaluation of novel LLINs on vector control <i>Kritsawan Phonjatturas,</i> <i>Kasetsart University, Thailand</i>
11:15-11:30	AA-O7: Effect of growth on mucous cell distribution and mucus production in foot tissues of the giant African snail ( <i>Achatina</i> <i>fulica</i> ) <i>Wipawadee Suwannapan</i> , <i>Kasetsart University, Thailand</i>	<b>IP-O4:</b> Species composition and population dynamics of blow flies (Diptera: Calliphoridae) in longan orchard as revealed by semi-automatic trap collections <i>Tunwadee Klongklaew</i> , <i>Chiang Mai University, Thailand</i>
11:30-11:45	AA-O8: The effect of Microsporidia Enterocytozoon hepatopenaei (EHP) on growth, survival and production of Rearing Pacific White Shrimp ( <i>Litopenaeus</i> <i>vannamei</i> ) in Thailand <i>Ganokphorn Vannapanich,</i> <i>Kasetsart University, Thailand</i>	<b>IP-O5:</b> The growth response on population densities in larval stage of darkling beetles (Coleoptera: Tenebrionidae) <i>Tenebrio</i> <i>molitor</i> and <i>Zophobas atratus</i> <i>Jingyoh Zaelor,</i> <i>Mahidol University, Thailand</i>
11:45-12:00	AA-O9: Cloning and characterization of a fibrinogen-related protein from Banana Shrimp <i>Fenneropenaeus merguiensis</i> (FmFREP1) <i>Benjawan Thongkhluean,</i> <i>Prince of Songkla University, Thailand</i>	<b>IP-O6:</b> Differences in climbing ability of <i>Cimex lectularius</i> and <i>Cimex hemipterus</i> (Hemiptera: Cimicidae) <i>Chris Daeyun Kim,</i> <i>University of Science Malaysia, Malaysia</i>
12:00-13:00	L	ınch
13:00-14:30		Ampava room 10 <sup>th</sup> floor
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	Session 9 Animal Sci. and Aquaculture Pailin room 11 <sup>th</sup> floor Chairman: Uthairat Na-Nakorn Co-chair: Pramote Chumnanpuen	Session 10 Plant Science Petch room 11 <sup>th</sup> floor Chairman: Prakit Somta Co-chair: Sompid Samipak
14:30-14:45	<b>AA-10:</b> <i>Acinetobacter clariasiae</i> sp. nov., a probiotic candidate associated with broad-range inhibition against fish	<b>PS-O5:</b> The effect of some bacterial isolates on growth, yield, proline content and capsaicin of red pepper under salinity conditions
	pathogens Anurak Bunnoy Kasetsart University, Thailand	Nurul Aini University of Brawijaya, Indonesia
14:45-15:00	Anurak Bunnoy	Nurul Aini



15:15-15:30	AA-12: Identification of three variants of the sex-determiner sex-lethal gene in giant river prawn ( <i>Macrobrachium rosenbergii</i> ) <i>Nichanun McMillan</i> <i>Kasetsart University, Thailand</i>	<b>PS-07:</b> LED light quality affects shoot regeneration and flowering in <i>Drosera</i> <i>spatulata</i> Labill <i>Teerawech Promchaingsa</i> <i>Naresuan University, Thailand</i>
15.50-15.45	AA-13: The development of Entamoeba species-specific primers for the molecular identification using 18S rRNA gene Vilawan Luankongsomchit Kasetsart University, Thailand	<b>PS-O8:</b> Sunflower genotypes grouping based on specific morphologu character <i>Noer Rahmi Ardiarini</i> <i>University of Brawijaya, Indonesia</i>
	Saturday 2	28 April 2018
	Session 11 Agricultural Science Pailin room 11 <sup>th</sup> floor Chairman: Prakit Somta Co-chair: Chatchawan Jantasuriyarat	Session 12 Food Science Petch room 11 <sup>th</sup> floor Chairman: Rungnaphar Pongsawatmanit Co-chair: Ekaphan Kraichak
09:00-9:30	Invited lecture: Construction and application of a high-density mutant library in soybean Akito Kaga, National Agriculture and Food Research Organization (NARO), Japan	Invited lecture: Hydrocolloids approach to health and nutrition science Katsuyoshi Nishinari, Hubei University of Technology, China
	Oral presentation	
09:30-9:45	AS-O1: Ripening retardation of "Namwa" banana during long-distance transport process using low-cost ethylene scavenger, vacuum packaging, cold storage, and their effects on fruit quality <i>Nisanart Naksin,</i> <i>National Science and Technology</i> <i>Development Agency, Thailand</i>	Invited lecture: Metabolic innovations to advance food diversity and fermented foods to advance climate resilient food systems <i>Kalidas Shetty,</i> <i>North Dakota State University, USA</i>
09:45-10:00	AS-O2: Differential expression of Xoo- induced kinase 1 (XIK1), a Xanthomonas oryzae pv. oryzae responsive gene, in bacterial blight-susceptible and Xa21- mediated resistant indica rice cultivars Carlo Magno Sagun, Naresuan University, Thailand	
	Oral pr	esentation
10:00-10:15	AS-O3: Efficacy of sericin on reducing browning of fresh-cut mango cv. Nam Dok Mai <i>Chalida Chimvaree</i> ,	<b>FS-O1:</b> The effects of salt extraction and heating condition on protein characteristics and its antioxidant activity of salmon ( <i>Salmo</i> <i>salar</i> ) bone extract <i>Ahsanatun Syahidawati</i> ,
10:15-10:30	King Mongkut's University of Technology Thonburi, Thailand	<i>Kasetsart University, Thailand</i>
10.15-10.50	Conee Dre	tan 10 11001





10 20 10 45		
10:30-10:45	AS-O4: The genetic variability of winged	<b>FS-O2:</b> Determination of water activity,
	bean (Psophocarpus tetragonolobus L.)	moisture content, total soluble solid, sucrose,
	collection and their implication to selection	glucose and fructose in osmotically
		dehydrated papaya using near-infrared
		spectroscopy,
	Kuswanto Kuswanto,	Bumrungrat Rongtong
	University of Brawijaya, Indonesia	Kasetsart University, Thailand
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	involved in salt stress of salt-susceptible	extraction of rice bran oil
	indica rice cultivar IR29 associated with	
	1-aminocyclopropane-1-carboxylate	
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	Worarat Kruasuwan,	Jirapinya Sangpradab,
	Kasetsart University, Thailand	Kasetsart University, Thailand
11:00-11:15	AS-O6: Genetic diversity and pungency	FS-O4: Effect of humectants and packaging
	association of Thai chili landraces by SNP	film with oxygen absorber on shelf life of
	genome wide association analyses	Chinese pastry (Kha-Nom Pia)
	Wassana Kethom,	Chanthicha Chauthong,
	Kasetsart University, Thailand	Kasetsart University, Thailand
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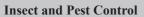
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### Effects of different cooking methods on the bioaccessibility of polyphenols and antioxidant activity of sweet leaf (*Sauropus androgynus*)

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Keywords: Antioxidant, Bioaccessibility, Cooking methods, Polyphenols, Sauropus androgynous

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### Abstract

The effects of different cooking methods (boiling, microwaves and raw) on the bioaccessibility of polyphenols and the antioxidant activity of sweet leaf (*Sauropus androgynous*) were investigated during *in vitro* simulated gastrointestinal digestion. Microwave cooking of sweet leaf can significantly retain more polyphenols and antioxidant capacity (ferric reducing antioxidant power and 2,2-diphenyl-2-picrylhydrazyl radical scavenging activity) after gastrointestinal digestion compared to raw leaves. The findings suggested that cooking sweet leaf with thermal processing such as microwaves or boiling could enhance the bioaccessibility of polyphenols during digestion which may provide better health benefits compared to raw leaves. This information may be useful to optimize culinary aspects of sweet leaf for disease prevention.

### Introduction

Phenolic compounds have shown many desirable health benefits and play important roles in the prevention of chronic diseases (Liu, 2003). Nevertheless, dietary factors such as the interaction with the food matrix and differences in cooking methods may affect polyphenol bioavailability during digestion (D'Archivio et al., 2010; Bohn, 2014)

*Sauropus androgynus* (known as katuk/pakwan ban/cekur manis/sweet leaf) is a nutritious and palatable green leafy vegetable that is grown widely in Southeast Asia. It is rich in polyphenols and has demonstrated high antioxidant capacity (Andarwulan et al., 2012). Sweet leaf is edible as raw fresh leaves in salad or as cooked leaves using heat. However, no studies have been reported on how the different cooking methods affect the amounts of polyphenols and antioxidant activity of sweet leaf. Therefore, the aim of this study was to investigate the effects of different cooking methods (boiling and microwaves, compared to raw leaves) on the bioaccessibility of polyphenols and the antioxidant capacity of sweet leaf during *in vitro* simulated gastrointestinal digestion.





### **Materials and Methods**

### Sample preparation and cooking processes

Fresh sweet leaf (*Sauropus androgynus*) was purchased from a farmer in Nakhon Pathom, Thailand and the plant was identified by a botanist from the Department of Botany, Faculty of Science, Chulalongkorn University, Bangkok, Thailand. The leaves were cleaned and homogenized using a kitchen blender before cooking. Raw(control) leaves of homogenized fresh sweet leaf were blanketed under nitrogen and kept as the raw sample. The boiled sample involved cooking the homogenized sweet leaf in boiling distilled water (1:1, weight per volume, w/v) for 5 mins. The microwaved sample was prepared by mixing homogenized sweet leaf with distilled water (1:1, w/v) and cooking in a microwave oven at 800 W for 90 s. All samples were blanketed with nitrogen and stored at  $-20^{\circ}$ C until analyses.

### In vitro simulated gastrointestinal digestion

The homogenized sweet leaf samples were digested according to the *in vitro* simulated gastrointestinal digestion procedure adapted from Pasukamonset et al. (2016). Briefly, 1 g of homogenized sweet leaf sample was incubated at 37°C in a shaking water bath for 1 hr with 3 mL porcine pepsin solution (40 mg/ mL in 0.1 N HCl), at pH 2.0±0.1 to initiate the gastric phase. Then, the small intestinal phase was started by increasing the pH to 4.5 before the addition of amyloglucosidase solution (120 mg/mL). After 30 min at 37°C with shaking, the pH was increased to 5.3 before the addition of 9 mL of small intestinal enzyme solution containing pancreatin (3 mg/mL) and bile acid (12 mg/mL) in 100 mM NaHCO<sub>3</sub>. The final volume was increased to 20 mL with bile salts solution and the pH was adjusted to 7.2±0.1, and then incubated with shaking at 37°C for 2 hr. The supernatant (aqueous fraction) was collected after centrifugation of digesta (12,000 rpm, 5°C for 1 hr), filtered through a 0.22 µm nylon filter and stored at -20°C for further analyses.

### Determination of total phenolic content

The total phenolic content was determined using the Folin-Ciocalteu assay as described by Chusak et al. (2014). The results were expressed as milligrams of gallic acid equivalent per gram of sample.

### Determination of DPPH radical scavenging activity

2,2-diphenyl-2-picrylhydrazyl (DPPH) radical scavenging activity was determined as described by Chusak et al. (2014). The results were expressed as mg ascorbic acid/g sample.

### Determination of Ferric Reducing Antioxidant Power

The ferric reducing antioxidant power (FRAP) was determined as described by Chusak et al. (2014). Results were expressed as micromoles of  $FeSO_4$  equivalent per gram of sample.

### Statistical analysis

Each experiment provided three independent replicates. All data were presented as mean  $\pm$  SE. Statistical analysis was performed using the SPSS 16.0 software (SPSS Inc. Chicago, IL, USA). Differences among groups were determined using one-way analysis of variance followed by multiple comparisons. Differences between before and after digestion within the same cooking method were determined using Student's t-test. Statistically significant differences were considered at p < 0.05.

### **Results and Discussion**

As shown in Table 1, with all cooking methods, the total phenolic compounds of sweet leaf after gastrointestinal digestion released more than that before digestion. This finding was similar to the study of Tagliazucchi et al. (2010) which demonstrated that incubation with pancreatic solution increased the release of flavonoids.



Cooking method	Total phenolic content (mg GAE/g)			AP Fe(II)/g)	21	PPH bic acid/g)
method	Before	After	Before	After	Before	After
Raw (control)	$23.73\pm0.79^{\mathrm{a}}$	$34.38\pm0.90^{a,\dagger}$	$1.61\pm0.07^{\text{a}}$	$0.78\pm0.02^{a,\dagger}$	$16.96\pm0.55^a$	$13.65\pm0.25^{a,\dagger}$
Boiling	$16.54\pm0.45^{\text{b}}$	$37.82\pm2.39^{\text{b},\dagger}$	$1.48\pm0.12^{\rm a}$	$1.24\pm0.02^{\text{b},\dagger}$	$19.54 \pm 1.11^{\rm a}$	$13.22\pm0.89^{a,\dagger}$
Microwaves	$26.48\pm0.80^{\text{c}}$	$37.27\pm2.47^{\text{b},\dagger}$	$2.32\pm0.13^{\text{b}}$	$1.60\pm0.04^{\text{c},\dagger}$	$27.83\pm0.57^{\text{b}}$	$21.67\pm2.47^{\text{b},\dagger}$

 
 Table 1
 Effect of different cooking methods on total polyphenols and antioxidant activity before and after in vitro simulated gastrointestinal digestion\*

DPPH = 2,2-diphenyl-2-picrylhydrazyl; FRAP = ferric reducing antioxidant power. GAE = gallic acid equivalent \* Homogenized sweet leaf samples were analyzed before digestion and after gastric phase for 1 hr and small intestinal phase for 2.5 hr at  $37^{\circ}$ C.

Data are presented as mean  $\pm$  SE (n=3)

<sup>a,b</sup> Different letters indicate significant differences (p < 0.05) among different cooking methods

<sup>†</sup>Significant differences (p < 0.05) compared with before digestion in the same cooking method

Interestingly, after 1 hr incubation in gastric enzymes (pH  $2.0\pm0.1$ ) and 2 hr incubation in intestinal enzyme (pH  $7.2\pm0.1$ ), cooking sweet leaf using a microwave oven or boiling retained more polyphenols and antioxidant activity after gastrointestinal digestion. This result was in line with Kaulmann et al. (2016) who explained that thermal processing has a positive effect on the bioaccessibility of polyphenols. Heat treatment increases the risk of polyphenol degradation during food preparation, but on the other hand, it disrupts cell walls and facilitates polyphenol release during digestion via modification of the bioaccive compound from glycoside to aglycone which is more biologically active (Bohn, 2014; Kaulmann et al., 2016).

The findings in this study suggested that cooking sweet leaf using microwaves or boiling could enhance the bioaccessibility of phytochemical compounds during digestion which may provide better health benefits compared to raw leaves.

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